



Frank Muniz

July 12, 1941 - September 9, 2024

Frank A. Muniz passed away at his home surrounded by his loving wife, daughter and grandson on September 9, 2024. Born in Capulin, Colorado, he was preceded in death by his two brothers Andrew and Louie as well as one sister Bernadette. He is survived by his wife of 60 years Sondra Muniz, two daughters Lori Muniz, Pam Kowalchuk, four grandchildren, five great-grandchildren, sisters Eleanor Valdez, Lucy Brown, two brothers Avelino and Gus Muniz.

Frank was a decorated veteran earning the Combat Infantry Badge, Vietnam Service Medal, Army Good Conduct Medal, National Defense Service Medal with a Bronze Star, Republic of Vietnam Gallantry Cross, Unit Citation with Palm Device, Sharpshooter Badge with rifle and mortar as well as the Presidential Unit Citation. Once he was Honorably Discharged from his duties in the Army, he went on to work for the United States Post Office. After working there for 30 years, Frank worked as the Alamosa County Veterans Service Officer in his "retirement" for 20 years. Frank helped countless veterans and touched the lives of many. Frank's dream was to build a Veterans Memorial in the Alamosa Veterans Memorial Park, which will now be his legacy.

Frank was a hero and an inspiration to his family and all who knew him. In his free time, Frank enjoyed golf, hunting, spending time in the mountains, riding

his ATV and spending as much time as he could with his family. Frank will forever be known and remembered for his kind and generous spirit, interesting sense of humor and his service to others. Frank will be dearly missed.

Rosary for Frank will be held on Saturday, September 21, 2024 at 10:30 AM with a Mass to follow at 11:00 AM at the Romero Funeral Chapel in Alamosa. Interment will be held at the Alamosa Cemetery with full military honors. In lieu of flowers please make donations to the Alamosa Veterans Memorial Park Project in honor of Frank. To leave Frank's family condolences please visit romerofuneralhomes.com. The care of arrangements has been entrusted to Romero Funeral Home of Alamosa.

Cemetery Details

Alamosa Cemetery

2200 State Ave
Alamosa, CO 81101
(719) 589-2105

Previous Events

Rosary

SEP 21. 10:30 AM - 11:00 AM (MT)

Romero Valley Funeral Home, Inc. - Alamosa
1407 State Ave
Alamosa, CO 81101
(719) 589-9200
<http://romeroslvfuneralhomes.com>

Mass of Resurrection

SEP 21. 11:00 AM - 12:00 PM (MT)

Romero Valley Funeral Home, Inc. - Alamosa
1407 State Ave
Alamosa, CO 81101
(719) 589-9200
<http://romeroslvfuneralhomes.com>

Tribute Wall

JM

“ I met Frank through my brother, Tom Martin. I enjoyed our hunting outings. He was so fun to be around. I will miss him.

John Martin - September 27, 2024 at 01:33 PM

MR

“ Frank Muniz was 1st Cav Airmobile, Co D, 2/5th The D 2/5 was a close-knit platoon that trained at Ft Benning and then was sent to Vietnam as part of the first division to go. Frank fought bravely in the Ia Drang where he helped rescue the Lost Platoon. There have been over 20 reunions of this group--Frank in Sept 2021 hosted the most recent. Those of us attending had a wonderful time. We even took Jeep tours to Soldierstone and toasted the brethren. My husband, Sgt Ken Risley, was the youngest and the first to leave us. We have now lost Ris, Goat, Jack, Scratch, Herboldt, and Frank. Saddle Up, Frank!! Your brothers are waiting!

M Lou Risley - September 22, 2024 at 02:05 PM

KL

“ I am Franks first grand kid Katey. I have so many important memories of my papo. We spent as much time as possible with him growing up. From holidays to birthdays and summer vacations. I remember driving in his old single cab truck rocking out to Shania Twain and the Dixie Chicks, my grandpa loudly singing along. Camping up in the mountains and going 4-wheeling. We would go up to Creede for a week, spend the entire day 4-wheeling on the mountain visiting old mines and discovering all the views, then go back to camp. My sister and I loved staying in their camper with them. He taught me to care for animals and how to ride horses. My grandpa is where my love and obsession for animals has come from and is why I have so many today. He taught us the value of hard work. When my sister and I would stay with him during the summers, every morning he would walk down the hall yelling YEEEEEEPPPPP as loud as he could. He wanted to wake us up early so we could go out and help him feed all the animals before he headed to work. He would also pretend like he didn't know how to do his computer work. He would hand us papers with data and have us fill it into excel for him. It took me some time to finally realize that he did this every day at work but suddenly forgot when I was visiting. He would teach us how to use his ride on lawn mower and that was either me or my sister's job while we were there; mowing his golf course as he called it. I have taken every single life lesson and use them in my daily life; just like him, I never sit still and always have to be busy doing something. I am extremely blessed to have grown up with such a positive role model in my life. I know the first thing that he did when he walked through those golden gates in heaven, was whistle as loud as he could, stretch his arms out wide while magic came running as fast as he could to give him a hug like he used to. I will miss him every day, but I am so thankful for all of the memories over the years. I will miss you so much papo

Katey Lennemann - September 20, 2024 at 08:54 PM

CL

“ Uncle Frank was an amazing man. I remember the times spent at his and Sandra's house when I was a kid. He was always patient and teaching lessons on everything around him. No matter your question he would take the time to give you an answer and explain. Even though I had not seen him for a couple years, my memories of him will always be cherished.

Clarke - September 19, 2024 at 05:48 PM



“ Blue & White Sympathy Floor Basket was purchased for the family of Frank Muniz.



September 19, 2024 at 05:28 PM

RH

“ Hand Salute ❤️ I will miss my friend, my golfing partner and working for him getting veterans to their appointments. This man will have my love and respect forever.

Rhino - September 18, 2024 at 11:08 AM

RR

“ Rhino and Ann Rhiness purchased the Peace, Prayers, & Blessings- Lavender and White for the family of Frank Muniz.



Rhino and Ann Rhiness - September 18, 2024 at 10:41 AM

RR

“ Rhino and Ann Rhiness planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Frank Muniz.

Rhino and Ann Rhiness - September 18, 2024 at 10:41 AM

MH

“ Frank is my Grandpa! I spent most of my childhood making memories with my Grandparents. One of my favorites is sledding with him. Every year he would pull out huge tire tubes and blow them up and pull me and my sister and our cousins in them behind his four wheeler throughout the pasture. One year the tubes wouldn't inflate and we heard him outside with power tools. He had taken an old dish washer, cut it in half, cleaned it out and that was that years sled. He pulled us for 2 days straight in that thing with countless stops for us toppling out of it! My grandpa was my hero growing up. He would literally do anything to make sure me and my sister always had the best time and experiences!



Marisa Holland - September 17, 2024 at 09:32 AM

GR

“ 1 file added to the tribute wall



Gary & Linda Ritchlin - September 13, 2024 at 03:17 PM

GR

Frank will be remembered by many. He loved his wife, family, country and being outdoors. We will always remember all the ATV rides we took with him and Sondra thru rain, dirt, snow... he loved it all..

Gary & Linda Ritchlin - September 13, 2024 at 03:28 PM

DO

“ Hand Salute to an American Patriot and steadfast honorable man and friend. Frank quietly provided support and guidance to many San Luis Valley Veteran's who wouldn't be where they are today without his genuine care and concern. We pray the Heaven's have hills so Frank may continue roaming the mountains he so enjoyed. Rest in Peace my friend and best wishes to family.

David R. Osborn - September 13, 2024 at 01:42 PM

PR

“ I am so sad to lose my "boss" and old friend, Frank. We had a great time working at Veteran Affairs, he helped so many! He came by often to check on me and have a cup of coffee. Sail high my dear friend. My thoughts and prayers for Sandy and his family, you will be missed!

Pat Radford - September 13, 2024 at 12:24 PM

JT

“ A cousin who I did not have the pleasure of growing up with as family. I am so sorry for your family's pain in having to have you leave their side as was but spending their time surrounding you with love was a treasure not everyone has. My father, Luis, spoke often of you as his family...his sister and all of you, his nieces & nephews with great love.

Jacqueline Trujillo - September 12, 2024 at 09:50 AM

CB

“ Frank was such an amazing hero. I so enjoyed working with him on the Alamosa Veterans Memorial Park project. It was an honor to serve on the board with him. He will be greatly missed.

Cindy Bervig - September 10, 2024 at 06:28 PM

BQ

“ I just want to offer my words of condolence to Franks family, Frank was a good friend of mine, and I always had good memories with him that I shall forever cherish, from golfing to Hunting I also worked for him when he was a veteran service officer in Alamosa. With his passing, we are losing very cherished person in our community. May he RIP. Bill

Bill Quintana - September 10, 2024 at 01:54 PM